

Things to bring:

Sleeping bag & pad
Tent
Rain gear
2 small tarps
Flashlight

One more layer of clothes than you think you will need. Keep in mind the weather can be more extreme than normal during a quest. We have had quests during which the temperatures ranged from the 30's to above 100 within the same four-day period.

2 pairs of shoes (closed toe)
Cold weather hat (cold months)
Sun hat (summer months)
Journal & pens/pencils (bring your list of questions also)
Insect repellent (for ticks and mosquitoes)
Mirror and tweezers (for tick removal)
Eyeglasses & prescription meds (and needed OTC medications)
Sunscreen
Bathing suit & towel
Camp Chair (optional)
Small camp shovel, optional

Do not bring:

Books
Weapons (including knives)
Matches

Jewelry
Rope
Controlled/Illicit Drugs or Substances